

Professional masseuse of Wat po Bangkok, Chiangmai, Genève and Lausanne

# • Relaxing Massage with essential Corsican oil:

Relaxing massage is a mix of all my massages. A deep work on meridian as well as on back muscles, the nape of the neck and feet. Adapted to each, relaxing massage provides a global action at the same time on emotional sense and physically.

1h - 105 €uros 1h30 - 140 €uros 2h - 200 €uros

#### • Traditional Thai Massage:

Based on a long story of therapy and health, this massage follows the energy. Because of stretching and pressure on meridians, it sometimes calls "a yoga massage" on futon.

#### 1h – 105 €uros

# • Thai Reflexology:

Foot Thai Reflexology is different than the Chinese Reflexology. This method is more energetic, up to knees. Stimulate blood and lymphatic circulation to evacuate waste from different organs.

#### 1h – 105 €uros

# • Lymphatic Drainage:

This specific technic of hand massage requires an adequate training, this method is known as a very gentle and precise movements (without oil) as well as by the work made on the centres of the lymphatic ganglions. The drainage is very effective against the cellulite, the heavy legs, the keeping back water and toxin elimination.

1h – 105 €uros